

Help for Alzheimer's Caregivers

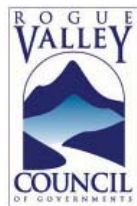


Are you:

- Caring for someone with Alzheimer's or dementia?
- Dealing with behavior that is challenging or frustrating?
- Feeling depressed or anxious?

Caring for someone with Alzheimer's disease or other dementia is a challenging and often overwhelming task.

STAR-C is a program that helps caregivers with strategies that decrease difficult behaviors and increase pleasant times together. A trained STAR-C consultant meets with you in your home for eight weekly education sessions. Respite care may be available as needed.



Call today for information about how you may be able to be part of this program.
In Jackson and Josephine counties, contact Carol Terry at 541-471-2863;
in Multnomah County, contact Bethany Chamberlin at 503-988-3620, ext 22020.